



लक्ष्मीबाई राष्ट्रीय शारीरिक शिक्षा संस्थान, ग्वालियर Lakshmi Bai National Institute of Physical Education, Gwalior

विश्वविद्यालय मानी गई संस्था, युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार
Deemed to be University, Ministry of Youth Affairs & Sports, Government of India
(Declared vide Govt. of India MHRD Notification No. F.9-14/92-U.3 dated 21.09.1995 under section 3 of UGC Act, 1956)

Manual on Human Values for LNIPE

Preamble

At LNIPE, we believe in nurturing not only physical and intellectual excellence but also moral and ethical character. This manual is a guiding document that upholds the core values of humanity, shaping individuals to embody virtues that contribute to the development of a compassionate, inclusive, and responsible society.

The primary purpose of this manual is to inculcate a sense of human values across all stakeholders of LNIPE and to align institutional activities with ethical principles.

Chapter 1: Core Human Values

LNIPE commits to promoting the following core human values among its members:

1. **Integrity:** Honesty and consistency in actions, values, and principles.
2. **Respect:** Valuing diversity, treating everyone with dignity, and embracing differences.
3. **Empathy:** Understanding and sharing the feelings of others.
4. **Responsibility:** Being accountable for one's actions and contributing to the greater good.
5. **Compassion:** Demonstrating kindness and care toward all individuals.
6. **Inclusivity:** Creating a space that accommodates and respects all individuals, irrespective of gender, caste, religion, or background.
7. **Excellence:** Striving for personal and institutional growth in an ethical and dedicated manner.



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Chapter 2: Implementation of Human Values

2.1 For Students

1. Classroom and Campus Behavior:

- Maintain respect for teachers, peers, and staff.
- Foster a spirit of cooperation and teamwork during academic and extracurricular activities.
- Avoid actions that harm others, including bullying, discrimination, or harassment.

2. Social Responsibility:

- Engage in community service activities to understand the significance of contributing to society.
- Promote environmental awareness by participating in sustainable practices and campaigns.

3. Conflict Resolution:

- Address disagreements peacefully through dialogue and mutual understanding.
- Seek guidance from mentors or counselors when personal issues arise.

4. Commitment to Learning:

- Dedicate oneself to acquiring knowledge and skills, while maintaining humility and open-mindedness.

2.2 For Teachers

1. Role as Mentors:

- Beyond academic instruction, act as role models by exhibiting ethical behavior and personal integrity.





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- Be approachable and empathetic to students, understanding their challenges and guiding them effectively.
- 2. Fair Evaluation:**
 - Evaluate students' performance objectively, without favoritism or bias, and encourage constructive feedback.
- 3. Lifelong Learning:**
 - Strive for continuous professional development to remain updated in the field of physical education and beyond.
- 4. Inclusivity in Teaching:**
 - Ensure that teaching methods and materials are inclusive and cater to diverse needs.
- 5. Community Engagement:**
 - Participate in outreach programs, encouraging students to serve society and learn from real-world experiences.

2.3 For Administration

- 1. Transparent Governance:**
 - Ensure open communication and transparency in decision-making processes.
 - Maintain accountability in the allocation of resources, institutional planning, and grievance redressal.
- 2. Ethical Leadership:**
 - Lead by example, fostering trust and mutual respect among stakeholders.
 - Prioritize the well-being of students, faculty, and staff in administrative policies.





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3. Inclusivity and Accessibility:

- Promote an inclusive environment where individuals from all backgrounds feel welcomed.
- Enhance physical and digital accessibility for individuals with disabilities.

4. Promoting Sustainability:

- Develop policies that support environmental conservation, including waste management, energy efficiency, and green initiatives on campus.

2.4 For Governing Bodies

1. Visionary Leadership:

- Uphold the vision and mission of LNIPE by integrating human values into institutional policies and activities.
- Focus on long-term sustainability and inclusivity in strategic planning.

2. Accountability:

- Ensure that all decisions are made transparently, ethically, and in the best interest of the LNIPE community.
- Regularly review institutional performance and address shortcomings responsibly.

3. Stakeholder Engagement:

- Involve students, faculty, and staff in the policymaking process to ensure holistic perspectives are considered.

4. Commitment to Ethics:

- Promote fairness and ethical practices in matters related to recruitment, promotions, and partnerships.





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Chapter 3: Activities to Promote Human Values

3.1 Awareness Campaigns

- Organize workshops, seminars, and guest lectures on the importance of human values.
- Display banners and posters around campus highlighting core values and their significance.

3.2 Community Service

- Encourage students and faculty to participate in programs such as tree plantation drives, cleanliness campaigns, and charity events.

3.3 Mentorship Programs

- Establish mentorship programs where senior students and faculty can guide junior students on the importance of ethics and values.

3.4 Sportsmanship Ethics

- Promote values like teamwork, respect, and fair play in sports activities and competitions.
- Organize discussions on ethical dilemmas in sports and physical education.

3.5 Cultural and Interfaith Dialogues

- Celebrate cultural diversity through festivals, music, and art to instill mutual respect and understanding.
- Conduct dialogues that promote interfaith harmony and inclusivity.



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Chapter 4: Evaluation and Reinforcement of Human Values

4.1 Feedback Mechanism

- Set up systems to regularly collect feedback from students, faculty, and staff on the promotion and integration of human values.

4.2 Recognition and Rewards

- Acknowledge and reward individuals or groups who demonstrate outstanding commitment to human values.

4.3 Ethics Committee

- Establish an Ethics Committee to oversee the implementation of human values and address related concerns or violations.

4.4 Reflection Activities

- Introduce reflective writing assignments or discussions where students and staff can share their experiences regarding values they've embraced.

4.5 Periodic Assessment

- Conduct annual assessments to evaluate the adherence to human values and suggest improvements.

(Dr. Sanjeev Yadav)
I/c Registrar

